

Flinders Handedness Survey (FLANDERS)

Surname:.....First name:.....

Date of birth:.....Sex (m/f).....

The ten questions below ask which hand you prefer to use in a number of different situations. Please tick one box for each question, indicating whether you prefer to use the left-hand, either-hand, or the right-hand for that task. Only tick the 'either' box if one hand is truly no better than the other. Please answer all questions, and even if you have had little experience in a particular task, try imagining doing that task and select a response.

		Left	Either	Right
1	With which hand do you write?			
2	In which hand do you prefer to use a spoon when eating?			
3	In which hand do you prefer to hold a toothbrush when cleaning your teeth?			
4	In which hand do you hold a match when you strike it?			
5	In which hand do you prefer to hold the rubber when erasing a pencil mark?			
6	In which hand do you hold the needle when you are sewing?			
7	When buttering bread, which hand holds the knife?			
8	In which hand do you hold a hammer?			
9	In which hand do you hold the peeler when peeling an apple?			
10	Which hand do you use to draw?			

Handedness score (please don't fill this out)	
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